



For more information about measles and MMR go to www.nhs.uk/mmr or scan this QR code:



SCAN ME

Alternatively you can text a school nurse directly to talk about health or emotional wellbeing:

IF YOU'RE 11-19 YEARS OLD TEXT

07520 649895

PARENT/CARER OF 5-19 YEARS OLD TEXT

07507 331884

Young People
scan this
QR Code to
find support



Parents
scan this
QR Code to
find support



@SouthendSN

Let's talk about... Measles and MMR



Children who get measles can be very poorly and some will suffer life changing complications. The best way for parents to protect their children from measles is the MMR vaccine. Two doses of the MMR vaccine give lifelong protection and it's never too late to catch up"

Professor Dame Jenny Harries,
Chief Executive of UK Health Security Agency



**Come along to our drop-in Community Event
and walk-in MMR vaccination clinic.**

Free and no appointment necessary.

For parents/carers with their children and people up to 26 years old.

Half Term - Monday 19 February 2024

10am – 3.30pm

- Ask questions and have an informal chat with friendly health professionals from EPUT and Southend-on-Sea City Council's Public Health team
- Check your vaccination status
- Free pop-up vaccination clinic – no need to book just walk-in
- Pick up information on how to support health and wellbeing

Civic Centre, Victoria Avenue, Southend-on-Sea, SS1 6ER